

SINGER WELLNESS POLICY

The act of singing with a large group of people indoors increases the possibility of airborne illnesses spreading. These can include the common cold, flu, Respiratory Syncytial Virus (RSV), and COVID-19, among others. If an illness of this nature would be catastrophic for your personal health, it is recommended that you not participate in a large choral setting. As is the case in all facets of society, individuals are responsible for their own personal health and well-being, as well as consideration of what level of risk is acceptable for the activities in which they participate.

Since the implementation of the our original COVID-19 vaccine requirement, many aspects of living with the virus in our society have changed. Considering the significant decrease in hospitalization and death, the readily available access to vaccines and boosters, and the re-assimilation of society at large regardless of vaccination status, the Coal Creek Community Chorus is no longer mandating the series of COVID-19 vaccines and booster to participate beginning the spring session of 2023.

The safety and health of Coal Creek Community Chorus singers and staff is of the utmost importance. As such, all participants shall partake in the following protocols:

PERSONAL PRECAUTIONS

- Masks are always optional for any singer who would prefer to be masked for rehearsals and/or performances for their own protection.
 - This singer's mask comes recommended [click here], though any mask will mitigate viral spread to various degrees.
- Singers are welcome to politely situate themselves in their section with a buffer of space around them to socially distance from other singers (this may work best in the back or far side of your section, if possible).

SITUATIONAL MASK POLICY

- For all of our indoor rehearsals and performances, whether or not we wear masks will be based on the <u>Boulder County Covid Act Now</u> community risk level. Based on that metric, the masking policy will be as follows:
 - Low Masks optional, but not required
 - Medium Masks highly recommended
 - High Mask required to participate in rehearsals and/or performances

INDIVIDUAL HEALTH AWARENESS

- If you are feeling ill or have any symptoms that resemble RSV, the common cold, the flu, or COVID-19, please stay home and skip that choir gathering.
- While it is recommended to test for COVID-19 whenever you have any relevant symptoms (which can include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, new loss of taste or smell, among others), it is possible to test *negative* in the early stages of infection while still showing symptoms. In this instance, staying home out of an abundance of caution is the correct course of action.
- If you miss a rehearsal for any reason, it is recommended to double-down on that week's homework, which will play a large role in making sure you're keeping up with your musical learning.
- Unless you have a solo or have signed up for additional responsibilities, you do *not* have to report your absence to Stephen.